



# Gateshead LINK

Mental Health Working Group  
2009/2010

# What we've done this year

- Contributed to the development of the Gateshead Mental Health Directory.
- We examined how mental health networks and partnerships fit together in Gateshead and **self referral into crisis intervention services.**
- We held a meeting with South of Tyne and Wear NHS Trust to clarify the processes and procedures that need to be followed by people and their carers in a **mental health crisis.**
- We held discussions with Gateshead's Overview and Scrutiny Committee regarding their investigation into and subsequent report on **Mental Health in Gateshead.**

# What's happening

- Working with Northumberland Tyne and Wear Trust, and Mental Health Matters to develop a leaflet around Crisis.
- Working with a lead contact from Northumbria Police to raise awareness and make recommendations around dealing with people in a mental health crisis.
- Promoting the Mental Health Matters Helpline service

**0800 085 1718**

**(5pm – 9am weekdays. 24hrs weekends and bank holidays)**

Copies of the Mental Health Directory are available today  
or at:

**[www.gatesheadlink.org.uk](http://www.gatesheadlink.org.uk)**

# What next?

- Follow-up on service user experience when discharged from crisis team to community health team.
- Clarify crisis team policy in accepting people with alcohol/drug issues.
- Research into how the Criminal Justice department at Gateshead respond to people with alcohol/drugs/mental health issues whilst in the custody suite.
- We are looking with the IAPT team (Improving Access to Psychological Therapies) to see how this is progressing in Gateshead.
- Discussing the effects of post traumatic stress syndrome within the working group.

# More....

- We have representation on the New Horizons Mental Health Partnership (Gateshead Council)
- We will be holding a Mental Health Conference early next year to look at the mental health model of care and what it means for the people of Gateshead.

**Watch this space !**